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cent's 2007 Education agenda summary relating to higher education didn't mention the significance of the UW Colleges tuition freeze to balance its presentation of the tuition hikes. The University of Wisconsin-Fox Valley, as well as the other 12 UW Colleges campuses, provides the kind of access to higher education that *The Post-Crescent* advocates.

Dave Hager, director of university relations, University of Wisconsin-Fox Valley, Menasha

Monte Alverno a blessing for those seeking peace

The first weekend of 2008, I found myself in a silent retreat with only men at Monte Alverno. I was hesitant about what to expect. It was unknown to me, since I never did a spiritual journey like this before. The retreat went beyond my expectations.

Monte Alverno offers a treasure of riches to those who are seeking a quiet and peaceful place. Located along the Fox River, nestled in the woods, away from the noise, it's an excellent place for anyone who is seeking time and concentration with God.

The Capuchin friars are the ones who truly make this place a holy place. The compassion and love that's expressed through each of them is a true experience of Christ.

The presentation, "Do Not Fear to Hope, Live Life to the Fullest," was put together very well. The silence at Monte Alverno provides time for the reflection you need to completely understand each of the their talks as you discuss them with your God.

I only wish more people around the Fox Valley would realize the treasure that lies in the woods of Monte Alverno. If you have the chance to take time away from the noise of our lives, I would highly suggest spending some time there. You would not only relieve your soul, your mind would be at ease, too.

> Jason Bennin, Appleton