

JULY 24, 7 PM

GERMAN FEST RUN TO HELP FEED MILWAUKEE'S HUNGRY

Milwaukee, WI -- German Fest has announced that St. Ben's Community Meal, a Capuchin ministry that feeds Milwaukee's homeless, will be the charity of choice for its twilight run/walk taking place Thursday, July 24, 7 PM, at the SummerFest grounds. This is the third year that St. Ben's has benefited from the popular festival run.



The 5 K run is certified and offers 13 age category awards.

"We're moving the run to Thursday evening this year, to kick-off the German Fest weekend and to coincide with Usinger's *Family Fun Night*. We're hopeful that this will interest more runners and walkers. Each year we have been involved, our number of participants has increased substantially. We hope this year our participants will top 1,000," Brother Dave Schwab, St. Ben's Community Meal director, explains.

"Participants are truly running for Milwaukee's hungry. Most are unaware that hunger is more of a problem in the summer vs. in the cold months. St. Ben's Community Meal is grateful to German Fest in helping us make the community aware of Milwaukee's hungry and homeless. We feed 2,000 meals every week. Most of our guests are homeless. Some are chronically poor and need assistance to get to and from doctor appointments, job interviews, and similar," Brother Dave continues. "This run makes a big difference in people's lives."

The July 24 event has a 7 PM start and the \$20 registration includes: entrance into German Fest, a \$5 food/drink gift card, a 2 for 1 coupon to return to German Fest on another day during the weekend, a ditty bag with special gifts, a commemorative T-Shirt, and participation in a post event drawing for prizes.

For each participant registered, Usinger's will be donating two pounds of sausage directly to St Ben's Community Meal. (In addition, Usinger's is offering brats and wieners on this night for a dollar.) 620 WTMJ's Bill Michaels, the Big Unit, will be emceeing the event.

Awards will be presented to the top three overall finishing times for both male and female participants. In addition, the top three male/female runners in each of the following divisions will receive awards: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70 & over.

Pre-registration closes July 14 although walk-up registrations are welcomed the evening of the race. On-line registration and additional information is available at www.stbensmilwaukee.org/germanfest or www.Germanfest.com



Over 75 organizations (including churches, temples, and mosques) provide hot, homemade dishes to support St Ben's nightly potluck dinner.

St. Ben's also provides prevention-focused health care through its clinic, a partner with Columbia St. Mary's.

St. Ben's is a Capuchin ministry and is part of the Capuchin Province of St. Joseph, which is headquartered in Detroit, and serves Capuchin ministries worldwide.